

Menu: Saint Louis SLPS G1 9-12 Lunch  
 School: Central VPA  
 Dates: May 01, 2015 - May 22, 2015

| Recipe Number | Recipe Name                            | Eggs | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
|---------------|----------------------------------------|------|------|------|---------|-----------|-----|-----------|-------|
| 1450359       | Applesauce, Unsweet                    | N/A  | N/A  | N/A  | N/A     | N/A       | N/A | N/A       | N/A   |
| 1887999       | Baja Fish WG Tacos                     | No   | Yes  | Yes  | No      | No        | Yes | No        | Yes   |
| 1889012       | Baja FishTacos w/ Rice                 | No   | Yes  | Yes  | No      | No        | Yes | No        | Yes   |
| 1451439       | Beef & Broccoli Stir Fry w/ Brown Rice | No   | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 1888973       | Beef Corn Tacos w/ Rice                | No   | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 1450903       | Beef LoMein                            | No   | No   | No   | No      | No        | Yes | No        | Yes   |
| 1450838       | Beef Nachos 2G                         | No   | No   | Yes  | No      | No        | No  | No        | No    |
| 1887995       | Beef Tacos, 6" WG                      | No   | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 2163383       | Braised Mustard Greens                 | N/A  | N/A  | N/A  | N/A     | N/A       | N/A | N/A       | N/A   |
| 1450628       | Buffalo Chicken Pizza                  | Yes  | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 1450819       | Cajun Baked Fish Patty w/ Roll         | No   | Yes  | Yes  | No      | No        | Yes | No        | No    |
| 1450629       | Cheese Pizza                           | Yes  | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 1450311       | Cheeseburger                           | No   | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 2138947       | Chicken Alfredo Pizza                  | Yes  | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 1875672       | Chicken Garlic Cream Penne             | No   | No   | Yes  | No      | No        | Yes | No        | No    |
| 1875666       | Chicken Pesto Penne                    | No   | No   | Yes  | No      | No        | Yes | No        | No    |
| 1875669       | Chicken Pomodoro Penne                 | No   | No   | Yes  | No      | No        | Yes | No        | No    |
| 1451462       | Chicken Salad w/ Crackers              | N/A  | N/A  | N/A  | N/A     | N/A       | N/A | N/A       | N/A   |
| 1888974       | Chicken Tacos w/ Rice                  | No   | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 1451443       | Chicken Teriyaki w/ Brown Rice         | No   | No   | No   | No      | No        | Yes | No        | Yes   |
| 2139077       | Chicken Teriyaki w/ Brown Rice         | No   | No   | No   | No      | No        | Yes | No        | Yes   |
| 1451608       | Chili Cheese Baked Potato & Rolls      | No   | No   | Yes  | No      | No        | No  | No        | Yes   |
| 1887954       | Chipotle Ranch                         | No   | No   | No   | No      | No        | No  | No        | No    |
| 1887955       | Cilantro Ranch                         | No   | No   | No   | No      | No        | No  | No        | No    |
| 1451607       | Cooked Crinkle Cut Carrots             | No   | No   | Yes  | No      | No        | Yes | No        | No    |
| 1885690       | Cordon Bleu Panini                     | No   | No   | Yes  | No      | No        | Yes | No        | Yes   |
| 1451602       | Com Kemels                             | No   | No   | Yes  | No      | No        | Yes | No        | No    |
| 1451517       | Country Fried Steak w/ Roll            | No   | No   | Yes  | No      | No        | Yes | No        | Yes   |

|         |                                       |     |     |     |     |     |     |     |     |
|---------|---------------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1450727 | Deli Stacker Sandwich                 | No  | No  | Yes | No  | No  | No  | No  | Yes |
| 1450356 | Diced Pears                           | No  | No  | No  | No  | No  | No  | No  | No  |
| 1887996 | Fajita Chicken WG Tacos               | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450403 | Fat Free Chocolate Milk               | No  | No  | Yes | No  | No  | No  | No  | No  |
| 1450934 | Fish Patty Sandwich                   | No  | Yes | Yes | No  | No  | Yes | No  | Yes |
| 1921580 | Fresh Apple                           | No  | No  | No  | No  | No  | No  | No  | No  |
| 1450140 | Fresh Banana                          | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1450506 | Fresh Cucumber Slices                 | No  | No  | No  | No  | No  | No  | No  | No  |
| 1450269 | Fresh Orange                          | No  | No  | No  | No  | No  | No  | No  | No  |
| 1887918 | Fresh Red Salsa                       | No  | No  | No  | No  | No  | No  | No  | No  |
| 1450746 | Fresh Strawberries                    | No  | No  | No  | No  | No  | No  | No  | No  |
| 2138475 | Fruit Cocktail                        | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1451611 | Green Beans                           | Yes | No  | Yes | No  | No  | Yes | No  | No  |
| 1450514 | Green Peas                            | No  | No  | Yes | No  | No  | Yes | No  | No  |
| 2159211 | Grilled Cheese Sandwich & Tomato Soup | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 2001362 | Ground Beef Garlic Cream Penne        | No  | No  | Yes | No  | No  | Yes | No  | No  |
| 2001364 | Ground Beef Pesto Penne               | No  | No  | Yes | No  | No  | Yes | No  | No  |
| 2001363 | Ground Beef Pomodoro Penne            | No  | No  | Yes | No  | No  | Yes | No  | No  |
| 1450675 | Ham & Cheese Pizza                    | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450580 | Ham & Cheese Sandwich                 | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450626 | Ham & Cheese Sub                      | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450658 | Ham & Cheese Wrap                     | No  | No  | Yes | No  | No  | No  | No  | Yes |
| 1450579 | Ham Sandwich                          | No  | No  | No  | No  | No  | No  | No  | Yes |
| 1451303 | Ham Sub                               | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450656 | Ham Wrap                              | No  | No  | No  | No  | No  | No  | No  | Yes |
| 1450581 | Ham, Turkey & Cheese Sandwich         | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450664 | Ham, Turkey & Cheese Wrap             | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450480 | Hamburger                             | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450679 | Hawaiian Pizza                        | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451605 | Italian Mixed Veggies                 | Yes | No  | Yes | No  | No  | Yes | No  | No  |
| 1450564 | Italian Panini                        | Yes | No  | Yes | No  | No  | Yes | No  | Yes |

|         |                                         |     |     |     |     |     |     |     |     |
|---------|-----------------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1450627 | Italian Sub                             | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450666 | Italian Wrap                            | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450494 | Ketchup Dispenser                       | No  | No  | No  | No  | No  | No  | No  | No  |
| 1451464 | Large BBQ Chicken Salad w/ Crackers     | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450767 | Large Chef Salad w/ Roll                | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451433 | Large Chicken Caesar Salad w/ Crackers  | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1451242 | Large Ham & Cheese Salad                | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451476 | Large Italian Chicken Salad w/ Crackers | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1887992 | Lettuce, Iceberg Shredded               | No  | No  | No  | No  | No  | No  | No  | No  |
| 1450300 | Mandarin Oranges                        | No  | No  | No  | No  | No  | No  | No  | No  |
| 1450525 | Mayonnaise Dispenser                    | Yes | No  | No  | No  | No  | Yes | No  | No  |
| 1450454 | Mexicom                                 | No  | No  | Yes | No  | No  | Yes | No  | No  |
| 1938914 | Monterey Vegetables                     | Yes | No  | Yes | No  | No  | Yes | No  | No  |
| 1450534 | Mustard Dispenser                       | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1451450 | Orange Chicken w/ Rice                  | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451238 | Pastrami & Cheese Sandwich              | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451530 | Pepperoni & Jalapeno Pizza              | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451225 | Pineapple Tidbits                       | No  | No  | No  | No  | No  | No  | No  | No  |
| 2159861 | Popcorn Chicken & Stuffing Bistro Bowl  | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450424 | Ranch Dispenser                         | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1451628 | Salad Bar, Beans, Garbanzo              | No  | No  | No  | No  | No  | No  | No  | No  |
| 1450500 | Salad Bar, Broccoli, Florets            | No  | No  | No  | No  | No  | No  | No  | No  |
| 1450536 | Salad Bar, Carrots, Baby                | No  | No  | No  | No  | No  | No  | No  | No  |
| 1450505 | Salad Bar, Celery, Sticks               | No  | No  | No  | No  | No  | No  | No  | No  |
| 1451086 | Salad Bar, Lettuce/Spinach Mix          | No  | No  | No  | No  | No  | No  | No  | No  |
| 1451034 | Seasoned Crinkle Cut Sweet Potato Fries | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1450694 | Seasoned Potato Wedges                  | No  | No  | No  | No  | No  | Yes | No  | No  |
| 1450413 | Sliced Jalapenos                        | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1450288 | Sliced Oranges                          | No  | No  | No  | No  | No  | No  | No  | No  |
| 1451216 | Sliced Peaches                          | No  | No  | No  | No  | No  | No  | No  | No  |
|         |                                         |     |     |     |     |     |     |     |     |

|         |                                               |     |     |     |     |     |     |     |     |
|---------|-----------------------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1451601 | Small BBQ Chicken Salad w/ Crackers           | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451597 | Small Crispy Chicken Salad w/ Crackers        | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 2139121 | Small Mediterranean Chicken Salad w/ Crackers | No  | No  | No  | No  | No  | Yes | No  | Yes |
| 1451527 | Sour Cream                                    | No  | No  | Yes | No  | No  | No  | No  | No  |
| 1451199 | Spaghetti w/ Meatsauce & Breadstick           | No  | No  | No  | No  | No  | No  | No  | Yes |
| 1450987 | Spicy Chicken Pizza                           | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450715 | Spicy Chicken Sandwich                        | No  | No  | No  | No  | No  | Yes | No  | Yes |
| 1450994 | Supreme Pizza                                 | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451437 | Swedish Meatballs w/ Rice                     | No  | No  | Yes | No  | No  | No  | No  | Yes |
| 1451454 | Sweet & Sour Chicken w/ Rice                  | No  | No  | No  | No  | No  | Yes | No  | Yes |
| 1450856 | Sweet Potato Fries, Crinkle Cut               | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1450834 | Tartar Sauce                                  | Yes | No  | No  | No  | No  | Yes | No  | No  |
| 1450636 | Tater Gem                                     | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| 1450590 | Turkey & Cheese Sandwich                      | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450632 | Turkey & Cheese Sub                           | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450660 | Turkey & Cheese Wrap                          | No  | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450913 | Turkey Burger (P)                             | No  | No  | No  | No  | No  | Yes | No  | Yes |
| 1450756 | Turkey Pesto Panini                           | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450589 | Turkey Sandwich                               | No  | No  | No  | No  | No  | No  | No  | Yes |
| 1451302 | Turkey Sub                                    | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1451432 | Turkey Taco Salad                             | No  | No  | Yes | No  | No  | Yes | No  | No  |
| 1450662 | Turkey Wrap                                   | No  | No  | No  | No  | No  | No  | No  | Yes |
| 1450633 | Vegetable Sub                                 | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450735 | Vegetables, Frzn, 5 Way Mixed                 | Yes | No  | Yes | No  | No  | Yes | No  | No  |
| 1450779 | Veggie Melt Panini                            | Yes | No  | Yes | No  | No  | Yes | No  | Yes |
| 1450400 | White 1% Low Fat Milk                         | No  | No  | Yes | No  | No  | No  | No  | No  |
| 2139199 | Winter Mix Veggies                            | No  | No  | Yes | No  | No  | Yes | No  | No  |

\* = Indicates missing Nutrient Information.

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